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| **Theme:** | **Groovy Rice- WhatsApp Program** |

Date: 24 July 2020

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| **Time** | **Min** | **Activity** | | **Equipment** | | **Scouter** |
| Good Evening Cubs, I hope you are well. Tonight’s program is going to be fan-TASTIC! | | | | | | |
| 17h30 | 5 | **Opening:**  Welcome cubs and parents  Flag break and repeat Promise | | None | | Akela |
| Let’s have some fun and move our bodies. Make sure you have enough space around you to dance. | | | | | | |
| 17h35 | 5 | **Steam Release: Just Dance**  Do your best and try follow the dance movements of the characters on screen. <https://www.youtube.com/watch?v=gCzgc_RelBA> | | Video | |  |
| Your guys are awesome. Now lets have a little experiment. | | | | | | |
| 17h40 | 10 | **Activity: Dancing Rice**  Have a cup of water (not super full), mix a small amount of baking soda and stir. Add a few grains of brown rice (or else it wouldn’t work), followed by 2 tablespoons of vinegar. Add a few drops of food colouring for optional effect. What happens? | | Cup  Water  Vinegar  Brown Rice (uncooked)  Baking soda  Spoon  Food colouring (optional) | |  |
| That dancing rice was cool! Now we going to see if you know the lyrics to your favourite song. | | | | | | |
| 17h50 | 10 | **Activity: Sing the lyrics**  Cub to write/type down one or two verses from popular songs, can be from a TV show or even a campfire song. Ensure you leave a few words missing here and there and leave it as a blank. Others to guess the name of the song and artist (bonus points), post your favourite song lyrics on the group and others try and guess it. Example: \_\_\_\_\_\_\_ is a dinosaur from our \_\_\_\_\_\_\_\_\_ And when he's tall He's what we call a \_\_\_\_\_\_\_\_ sensation  It’s the Barney Theme Song | | Pen & Paper | |  |
| You guys and girls are so clever. I hope you are ready for this next fun game. | | | | | | |
| 18h00 | 5 | **Game: Rice Count**  I want you to show me 23 grains of rice, then you must send a picture on the group.  Set a timer for 3 minutes: then count out as many as you can of rice, you can make one big pile or small piles of 10 each. Send a picture on the group. | | Rice (uncooked) | |  |
| Well done Cubs! It is not easy to count those small grains of rice. Now let’s do some learning and see how clever you are. | | | | | | |
| 18h05 | 10 | **Activity: Free Rice**  It’s a game you play online for free, and if you get the lots of answers correct, the World Food Programme will use your correct answers as “payment” and will give families and people in need food (such as rice) or other support.  There are different categories to choose from and difficulty levels. Play around on the website a bit with the help of an adult. <https://freerice.com/categories> | | | Electronic device |  |
| You Cubs have been awesome this evening. But I have forgotten to how to do some of my knots and I need your help. | | | | | | |
| 18h15 | 20 | **Advancement: Six basic knots**  Cubs to send a video (to Akela) of them doing one (or more) of the six basic knots on their level of advancement. | | See knotting Cards doc  Rope | |  |
| Thank you for helping remember my knots. Time to be artists with our rice. | | | | | | |
| 18h35 | 15 | **Activity: Rice Artwork**  Cubs to use their rice to create a rice artwork or spell out their name in rice.  Wayward Girls' Crafts: Dyed Rice Artwork | | Rice (uncooked) | |  |
| Your artworks look lovely. Let’s try one more dance for this evening. | | | | | | |
| 18h50 | 5 | **Game: Just Dance**  Do your best and try follow the dance movements of the characters on screen. <https://www.youtube.com/watch?v=ODTdmsTf-UU> | | See knotting Cards doc  Rope | |  |
| You guys are awesome and have some great dance moves. I would like to thank you for joining us this evening. Let’s say the Cub pray. | | | | | | |
| 18h55 | 5 | **Closing:**  Cub Prayer | | None | |  |
| Silver Wolf:  **Outdoor Challenge: Scoutcraft** Knotting | | | Gold Wolf  **Outdoor Challenge: Scoutcraft** Knotting | | | |